

Questions to ask when you call your insurance company:

***please bring this filled out to your first session

Do I have coverage for outpatient mental health billed as an office visit?

is the effective date of my policy?

Is pre-authorization required?

Is there a limit to the number of visits per year?

What will I pay at each visit?

Do I have a deductible?

If yes, how much has been met?

Will the amount I pay at each visit change when the deductible is met?

Do I have an out of pocket max?

If yes, how much has been met?

Will the amount I pay at each visit change when the out of pocket max is met?

Where should the office send my claims? (claims address):